

Artistic Training Camp 2018

6 Aug 2018 (Mon)	09:00-12:00 12:00-14:00 14:00-17:00	Training Lunch Training	Chai Wan Sports Centre Chai Wan Sports Centre
7 Aug 2018 (Tue)	09:00-12:00 12:00-14:00 14:00-16:00 16:00-19:00	Training Lunch Training Sightseeing / Swimming	Chai Wan Sports Centre Chai Wan Sports Centre Stanley Market / Beach
8 Aug 2018 (Wed)	09:00-12:00 12:00 13:00-19:00	Training Lunch Sightseeing	Chai Wan Sports Centre Lantau Big Buddha
9 Aug 2018 (Thu)	09:00-12:00 12:00-14:00 14:00-17:00	Training Lunch Training	Chai Wan Sports Centre Chai Wan Sports Centre
10 Aug 2018 (Fri)	13:00-18:00 19:00	Free Training Welcome Dinner	
11 Aug 2018 (Sat)		Cycle-Ball World Cup Free Training for Artistic	Chai Wan Sports Centre
12 Aug 2018 (Sun)		Artistic Cycling World Cup and Hong Kong Open	Chai Wan Sports Centre